

FALL 2023

# CHARTING THE COURSE

Creating a secure future  
through charitable planning

## SPOTLIGHT

How to use life  
insurance to your  
financial advantage

## INSIDE THIS ISSUE

- Saying thanks through charitable gifts
- Welcome our newest team member
- CGA rates at a 10-year high
- Upcoming events



# Life insurance: a perfect gift for charity

*One of the most overlooked charitable gift options is a life insurance policy. By donating a life insurance policy to Providence or by naming a Providence foundation as a beneficiary of your policy, you may make a larger charitable gift than you ever thought possible. And, you can reap some very attractive benefits.*

## Donating a policy

People often surrender their life insurance policies because they no longer need the insurance. Others do so to collect the net cash value. However, gifting the policy to charity may be a more lucrative alternative than cashing in the policy. By donating the policy to charity, the person could receive a substantial income tax deduction.

If you donate a life insurance policy to Providence, we may seek the counsel of a licensed life settlement broker to appraise the policy and determine its true market value. Some policies may be nearing their expiration; others may have an unexpected increase in premium cost, so donating the policy is a viable alternative.

By going through a licensed life settlement broker, we can determine the most advantageous way to enhance the value of your policy and provide you not only with a substantial tax deduction but also with an opportunity to make a significant gift. An average person with a standard policy may discover the policy is worth substantially more than the cash surrender value.

## Naming Providence as a beneficiary

You can leave a life insurance gift to Providence simply by instructing your insurance company to name a Providence foundation as a beneficiary.

Another method is to transfer your policy to Providence. If you have paid all of the premiums owed (a paid-up policy) or if you've paid all premiums due and more will be owed in the future (a partially paid-up policy), you might consider transferring ownership of the policy to a Providence foundation and naming Providence as a beneficiary.

## A gift of gratitude

Chris Thiessen, philanthropy officer for Providence Children's Health, became acquainted with Camille and her mother six years ago when Camille resided at Providence's Center for Medically Fragile Children. Now 23 years old, Camille lives in an adult medical foster home.

Chris met Camille and her mother, Christina, for lunch recently. Before they finished their grilled cheese sandwiches and French fries (Camille's favorite!), Christina informed Chris she is leaving a life insurance policy to benefit Providence Children's Health. She said she owes everything to the amazing caregivers at CMFC for how they loved her daughter for 10 years!

Thank you, Christina, for your generous gift. Through it, many other children will receive vital services and therapies. ♦



By making Providence the owner, you can claim a charitable income tax deduction. If you have a partially paid-up policy and make annual cash gifts to Providence equal to the premium amounts as they become due, you will be entitled to an income tax deduction equal to each premium payment.

You might also consider taking out a new policy that names Providence as the policy owner and beneficiary. You will make annual gifts to Providence, which will be applied to premium payments on the policy. Those annual gifts will entitle you to charitable income tax deductions.

For information on using life insurance as a charitable gift, contact the Providence Office of Gift Planning. ♦



# The best season for financial planning

Fall seems to be the busiest time of year. Calendars are brimming with fall travel, family get-togethers and holiday events. It's also time to make your year-end financial plans and reduce your tax bill.

In the Office of Gift Planning, we provide free consultations and answer questions about charitable giving. Some methods can provide annual income for you and those you love as well as cut your taxes. It would be our privilege to talk with you and answer your questions.

Donor gifts enable Providence to provide vital services to those most in need and empower our researchers to discover innovative new treatments for cancer, heart and neurologic diseases. Each gift truly makes a difference in the lives of those we serve.

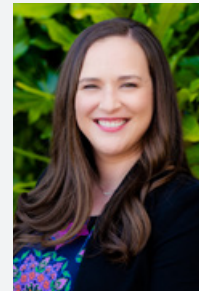
During this season of reflection and thankfulness, please know we are grateful for your support to Providence. We wish you the happiest of holidays!

If we can answer questions for you, don't hesitate to contact us for an appointment:

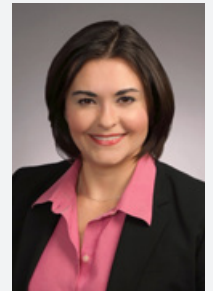
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Senior director  
Office of Gift  
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**Monica Long, J.D.**  
Executive director  
Office of Gift  
Planning

## Welcome, Monica!

To better serve Providence donors, our Office of Planned Giving has been restructured to align with similar offices across the Providence system.

Monica Long, J.D. is the new executive director of planned giving in the Central Division of Providence, which encompasses Oregon, eastern Washington, Montana and Texas. Lon Dufek and Megan Crane, senior directors in the Office of Planned Giving in Oregon, will continue in their roles. Together they provide counsel and help donors make strategically wise charitable donations.

Monica was born and raised in Nebraska. She has worked in philanthropy throughout her professional career, serving as a major gifts officer at the University of Portland, director of gift planning at Loyola University in Chicago, gift planning officer at American Red Cross, and most recently senior director of development at Seattle Children's.

We are excited to welcome Monica to our Oregon team! ♦

## Win with tax-savvy giving

Make a smart gift to Providence with a qualified charitable distribution (QCD). You'll save on taxes while supporting health care.

If you're 70 1/2 or older, you can use a QCD to transfer funds from your IRA to charity without reporting the transfer as taxable income.

Learn about QCDs and how you can create a financial win.

**877-228-2574**



## A gift that keeps giving ... and eliminates taxes

Realtor Don Pollock recently saved a lot of taxes and created a secure stream of income for a loved one by making a charitable gift to Providence.

Don lives near Providence St. Vincent Medical Center in Portland and has received health care there for decades. He and his wife, Gail, have generously supported the hospital and Providence Heart Institute for many years. In fact, one of the cardiac recovery areas at the hospital is named after them: the Pollock Interventional Recovery Unit.

Don has spent his career successfully managing real estate throughout the Portland metro area. He recently acquired a modest 3-bedroom home in northeast Portland and renovated it. Rather than pay the capital gains tax on the home's increased value, Don chose to create a charitable remainder trust (CRT) funded with the property. Because Gail has passed away, Don named a loved one as the beneficiary of the CRT.

A CRT is an irrevocable trust that generates an income stream for the donor and, if they wish, for their spouse and/or other beneficiaries. The remainder of the assets in the trust will pass to charity once the term of the trust has concluded, most commonly when the beneficiary passes away.

By creating a CRT through Providence, Don:

- Received an immediate tax deduction for the appraised value of the property
- Avoided paying capital gains tax
- Provided an income stream to benefit his loved one for life
- Made a significant gift to Providence St. Vincent in appreciation for the care he's received over the years

Do you have appreciated assets that could be used to fund a life income gift? Reach out to our team of experts to learn more about your options. ♦



Take advantage now —

# Gift annuity rates are at a 10-year high

Annuity rates are the highest they've been since 2013. That means your charitable gift annuity will yield a high annual return that you can count on every year – regardless of what the stock market or interest rates do.

When you contribute to a CGA through Providence with cash or appreciated assets, such as stock or real estate, you will receive noteworthy benefits:

- Fixed payments for life
- Substantial income tax deduction
- Significant tax-free income if the CGA is funded with cash

Your gift will support vital health care and research in the area you choose, such as heart, cancer, multiple sclerosis and children's health.

Learn how you can take advantage of high interest rates before the year ends. Contact us today to schedule a free consultation.

## Office of Gift Planning

Phone: 877-228-2574

Email: [giftplanning@providence.org](mailto:giftplanning@providence.org)

[ProvidenceFoundations.org/giftplanning](https://ProvidenceFoundations.org/giftplanning)



## Current rates

One-life annuity rates\*

Age	Rate	Age	Rate
65	5.4%	80	7.6%
70	5.9%	85	8.7%
75	6.6%	90+	9.7%

Rates are slightly lower for a married couple.

This information is for reference purposes only. It should not be considered legal, accounting or other professional advice.

\*One-life rates as of Jan. 1, 2023

# CHARTING THE COURSE

FALL 2023

For information or to remove your name from this mailing list, please contact:

## **Providence Foundations of Oregon**

### **Office of Gift Planning**

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### **You are receiving this publication because in some way you have had a connection with one of our nine Providence foundations in Oregon:**

Providence Benedictine Nursing Center Foundation

Providence Community Health Foundation (Southern Oregon)

Providence Hood River Memorial Hospital Foundation

Providence Milwaukie Foundation

Providence Newberg Health Foundation

Providence Portland Medical Foundation

Providence St. Vincent Medical Foundation

Providence Seaside Hospital Foundation

Providence Willamette Falls Medical Foundation

The information in this publication is not intended as legal advice. For legal advice, please consult an attorney.

Figures cited in examples are based on current rates at the time of printing and are subject to change. References to estate and income tax include federal taxes only; individual state taxes may further affect results.

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## CALENDAR OF EVENTS

### • DEC 1

#### **Club Cocoa and Christmas Trees**

*Special event for Providence  
Heritage Club members*

**11 a.m. – 1 p.m.**

Oregon Convention Center

777 NE Martin Luther King Jr Blvd,  
Portland

RSVP by phone or online:

877-228-2574

[ProvidenceFoundations.org/cocoa](https://ProvidenceFoundations.org/cocoa)

### • NOV. 29 – DEC. 1

#### **Safeway Providence**

#### **Festival of Trees events**

in Medford, Seaside and Portland

[ProvidenceFoundations.org/  
festivals](https://ProvidenceFoundations.org/festivals)

### OUR MISSION

As expressions of God's healing love, witnessed through the ministry of Jesus, we are steadfast in serving all, especially those who are poor and vulnerable.

### OUR VALUES

Compassion, Dignity, Justice,  
Excellence, Integrity

[ProvidenceFoundations.org/giftplanning](https://ProvidenceFoundations.org/giftplanning)