

Julia Toub, M.D.

Medical director, Providence Epilepsy and Neurodiagnostic Services

Education and training

- Undergraduate: Brandeis University
- Medical school: Albany Medical College
- Residency/fellowship: Cleveland Clinic

Where did you grow up?

New York state

Why Providence?

Providence provided me with a unique opportunity to create a patient-centered epilepsy program, making the most advanced, cutting-edge seizure therapies accessible to all patients.

What's your dream for Providence?

Foremost, it's to create a state-of-the-art interdisciplinary epilepsy program that addresses the unique medical, social and psychological challenges facing patients with seizure disorders. We also work to increase epilepsy awareness among patients, caregivers and the general public, with a goal of de-stigmatizing this common disease that often is misunderstood.

What are your hobbies?

Traveling, knitting, and spending time with friends and family.

What are some major achievements at Providence?

Our epilepsy program has grown from a single doctor to a proficient team of epileptologists, nurses, psychologists and surgeons. Through collaborative efforts, we're able to offer innovative treatments to



patients with disabling seizure disorders, improving their quality of life and in some instances even rendering them seizure free. Our center is now one of only two nationally accredited epilepsy centers in Oregon. As our program continues to grow, we can extend our services to even more patients in need.

Who were your mentors?

Though not neurologists, my own physicians who cared for me as a child motivated me to pursue medicine as an adult. Today as a practicing physician, I'm inspired by my patients, their families and my colleagues.

Why does philanthropy matter to your work?

Philanthropy allows us to create a truly patient-centric program where we can develop services tailored to patients' needs. The unpredictable nature of epileptic seizures makes it difficult for patients to be gainfully employed. They often struggle with cognitive limitations and mental health challenges, which create additional socioeconomic barriers. Our generous donors make it possible to provide exceptional care to ALL patients, providing them with hope for a brighter future.