

# Power of giving

Donors *make*  
the difference

April 2019

## Community from the start

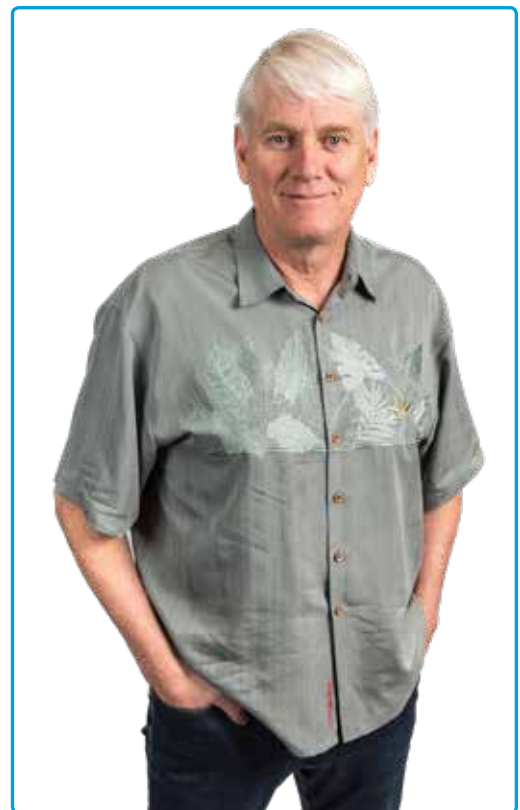
Community means a lot to Mike Richardson. He grew up in Milwaukie when it was just farm country and you knew all your neighbors.

Mike is a board member of the Providence Milwaukie Foundation and president and CEO of Dark Horse Comics. He sells and ships products worldwide from the same store he bought comic books from as a kid. "I attended Portland State University. I never went to film school and didn't know anything about publishing or retail," he said. "I started researching those areas and then learned on the job."

Mike and his wife Karie picked up and moved to Bend, Oregon to open their first store. "We had a credit card with a \$2,500 limit. I maxed it out the first day, buying products for the store," he said. They eventually moved back to Milwaukie.

"I believe in the Providence Mission, and Providence Milwaukie is part of the community," said Mike. "There are a lot of committed people here. Our family has always been patients here. Last year I was traveling around the world and came back very ill. I ended up at Providence Milwaukie in septic shock and spent four days in the ICU. I don't know if there are really angels on God's green earth, but if there are, they work at Providence Milwaukie."

"Life has been very good to me," said Mike about why he supports Providence Milwaukie. "I firmly believe that if God has been good to you, you should share with others. I think nothing could be better than helping people live healthy, happy lives." ■



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– Mike Richardson

## 2018 Partners in Health

The 2018 Partners in Health event celebrated 50 years of Providence Milwaukie Hospital. Dwyer Community Hospital opened in 1968 and became part of Providence in 1986. Since then, Providence Milwaukie has grown, bringing programs to the community, many of them supported through philanthropy.

Donors have funded the Joseph Bernard Dental Clinic, the Community Teaching Kitchen and the Mother Baby Clinic. In 2018, donors gave a record \$280,000 at Partners in Health to support the Robert W. Franz and Elsie Franz Finley Endowed Chair in Family Medicine Residency at Providence Milwaukie Hospital. ■



Ken Hick and Cheri Cooley-Hick, Barry and Lori Brunetto, Lesley Townsend, Mark Stehn, Bob Dwyer, Mike Richardson and Molly Parker.

## Family Medicine Residency support

Because of you, the Family Medicine Residency program at Providence Milwaukie Hospital is one of the top ten teaching programs in the state of Oregon. The first class of seven residents graduated in 2004. There are now more than 100 graduates of the program. Of those, 70 percent practice in Oregon.

"I chose family medicine because you get to know your patients and often you care for multiple generations in the same family," said Ilana Hull, M.D. "I can be a navigator for them in what I see as a really

complex system." Ilana is a graduate of the Family Medicine Residency program at Providence Milwaukie Hospital and is now a faculty member at Providence Medical Group – Milwaukie.



Graduating class of 2019



Class of 2017

Family medicine is an area of medicine devoted to providing comprehensive health care for people of all ages. Based on knowing the patient well within the context of family and the community, family medicine doctors emphasize preventing disease and promoting better overall health. By having a whole-person interest, family medicine doctors help patients get the best care despite complex conditions and health delivery systems. Thank you for your gifts to support our Family Medicine residents. ■

## Music makes a difference in Jack's life

Music has the ability to change emotions and ease pain. As a music-thanatologist at Providence Milwaukie, Josh Ward witnesses the power of music every day.

Jack\* was in his 20's, homeless and struggling to take care of himself. He was at Providence Milwaukie for four weeks as he received antibiotics. Josh visited Jack several times during his stay. Josh brought Jack the reverie harp to play. A reverie harp is lightweight, comfortable to hold and requires no musical training to play.

Jack found great solace and sense of calm when he played the harp. "Jack shared his songs and sketches with me," said Josh. "We explored the meaning of the song lyrics and the colors and shapes of his drawings as a means for him to express difficult emotions."



Music-thanatologist Josh Ward uses music to serve the physical, emotional and spiritual needs of dying patients and families. He also supports any patient who may benefit from a music vigil.



While in the hospital, Jack connected with a sibling who helped arrange housing for Jack after his discharge. "His difficult path is not over, but he expressed hope for the future and thanks for the care he received," said Josh. "I encouraged him to continue to draw and to play music when he is able. The reverie harp served as a tool of expression and beauty for Jack and also as a tool to connect to others."

Your generosity allowed the purchase of the reverie harp and a full-size harp for our music-thanatologists. ■ (\*Name changed to protect privacy)

## Bariatric chair funded from Human Bean proceeds.

Since 2015, The Human Bean coffee shop in Milwaukie has raised money for breast cancer through their Coffee for a Cure day. In that time, they've raised more than \$7,500 for Providence Milwaukie Hospital.

Last year, the mammography department requested a special bariatric side chair. This chair will make it easier for patients who need to sit between images, giving them a safe and comfortable place to rest. In addition, funds were used to convert a small room in the mammography department into a consultation room. This provides a private and comfortable room for our radiologists to meet with patients and their families regarding the results of their diagnostic mammograms. ■



Digital Imaging caregivers Ashley Pacholl, Kristi Yelton, Mark Reeder and Jacob Laune help out at the Human Bean on Coffee for a Cure day.

# Free books for young children

Thanks to you, children receive books to take home. We participate in Reach Out and Read, a national program that supplies free books to children between 6 months to 5 years of age at every well child doctor's visit. Doctors "prescribe" books and reading to promote literacy in children and support quality family time by encouraging families to read aloud to their young children.

Families that participate in the program are twice as likely to read to their children more than three times a week. This type of family engagement has proven to increase vocabulary, provide critical brain stimulation and advance language development. Your gifts support the program at our two low-income clinics under the umbrella of the Family Residency Program. Books are available in both English and Spanish. ■



## Milo and Marcel comfort patients, family members and caregivers

Interacting with a therapy dog helps with blood pressure regulation, pain relief, stress relief and brings joy. There are currently two pet therapy teams at Providence Milwaukie Hospital that serve in the Senior Psychiatric Unit.

Dexter and black lab Marcel visit twice a month. "Marcel and I like people and this is a way for us to give back," said Dexter. Nan and Milo, a German shepherd, visit weekly.

Chaplain Linda Smith started the Pet Therapy at program Providence Milwaukie in 2011. All Providence Pet Therapy teams are certified through Pet Partners.

Dexter and Marcel

The Senior Psychiatric Unit at Providence Milwaukie Hospital provides short-term inpatient psychiatric care. It is specifically tailored to address the unique needs of seniors, providing them with a safe environment, a structured and supportive social setting, and an effective treatment program.

Pet therapy teams not only provide therapy service to our patients and families, but also to our caregivers. The caregivers look forward to these special visits and receive the same benefit as our patients.

Thank you for supporting this program and providing comfort to those we serve. ■

### Our Mission

As expressions of God's healing love, witnessed through the ministry of Jesus, we are steadfast in serving all, especially those who are poor and vulnerable.

### Values

Compassion, Dignity, Justice, Excellence, Integrity

Inspiring Generosity ♥

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